

3

Course Code
603 / 4932 / 3

Total Course Duration
2 years

- Full-time
- Academic term-time

Awarding Body
Pearson

HOET

Heart of England Training Ltd



BTEC Level 3 National Extended Diploma SPORTS COACHING & DEVELOPMENT

OVERVIEW

This qualification is intended for learners wanting to progress directly to self-employment in the coaching and development sector as a coach.

Additionally, the breadth of optional content in this qualification allows learners to widen their opportunities to progress to a number of different higher education courses.

If you like the idea of helping sports people of all abilities to improve their performance, whether in a specific sport or a variety, a career in coaching could be ideal for you. This vocational course explores different areas of employment within the sports sector, allowing you to experience a variety of options and giving you a broader knowledge base to boost your career.

The 2-year course with Heart of England Training will be delivered alongside a fully immersive football programme, in which coaching, training sessions and matches blend and interweave with the individual elements of the NVQ qualification.

COURSE CONTENT

7 MANDATORY UNITS

- Careers in the sport and active leisure industry
- Health, wellbeing and sport
- Developing coaching skills
- Applied coaching skills
- Research project in sport

- Sport development
- Self-employment in sport and physical activity

5 ADDITIONAL UNITS

- Anatomy and physiology in sport
- Fitness testing
- Rules, regulations and officiating in sport
- Technical and tactical skills in sport
- Practical sports application

ENTRY REQUIREMENTS

Candidates will be required to hold grade 4/C or above in English and Maths at GCSE. Applicants with relevant Level 2 qualifications will be considered at the discretion of the Academy. Candidates should be able to communicate

effectively in both written and spoken English. We will support candidates with Maths and English (GCSE or Functional Skills) if they have not already achieved the minimum requirement.



ON-PROGRAMME DEVELOPMENT & TRAINING

Using the **OneFile** online portfolio, you will complete assignments, store theory work and monitor progress as you complete each of the units of the qualification. Your portfolio will include tutor reviews and feedback, assessments and specific tasks which relate to your individualised learning plan. We also use **OneFile** to support you with 'life lessons' and to enrich your understanding of safeguarding.

Your course delivery will include group

work, practical sessions and one-to-one support, through a combination of tutor-led and peer-on-peer delivery. Your education will comprise a blend of technical, tactical and theoretical sessions, work experience, workshops and guest speakers.

You will complete three football training sessions each week, in addition to match days, external visits (including trips to St. George's Park), match analysis and links into non-league

football. You will also be able to supplement your education with resources from **The Boot Room**: the FA's online CPD platform.

Students who require additional support with Maths and/or English will be given one-to-one and group tutor-led sessions and provided access to a suite of online resources, revision tools and interactive activities.

PROGRESSION & PATHWAYS

Completion of this BTEC qualification could lead to a paid apprenticeship or full-time employment within coaching or sports development.

An alternative route following the completion of this 2-year BTEC course is progressing to a university degree.

Some students in the past have been successful in being awarded scholarships for American universities. Our Information & Guidance team will be able to signpost you to the best sources of support with applications for

American colleges if this route is of genuine interest to you.

Part of your course will include visits and tours to various universities to support you with your decision-making.

Another route following this qualification would be to sign-on with semi-professional and professional football clubs.

ADDED VALUE

Your time on-programme will include visits to St. George's Park, the home of England football teams and football education.

Students at our Daventry site will have opportunities to play for the Pro:Direct Select 11.

There will also be opportunities for showcase games against professional clubs, access to semi-professional teams and the National Alliance and FA Youth Cup.



INFORMATION



ADVICE & GUIDANCE



APPLICATION SUPPORT



INDUCTION



ON-PROGRAMME LEARNING



PROGRESSION ROUTES

“ I think people should study the Football Education programme because it gives you understanding from a coach's perspective and gives you a responsibility of putting on your own sessions. ”

