

# 4

Course Code  
ST0770v1.1

Total Apprenticeship Duration

21 Months

- On-Programme  
15 months
- Assessment Window  
6 months

Recommended EPA Organisation  
First4Sport



## Apprenticeship Standard SPORTS COACH LEVEL 4

### Overview

The role of a School sports coach is to collaborate with teachers to develop pupils' mastery of psychomotor skills by applying a whole child approach to their coaching. They would work in all categories of the school and registered childcare environments.

The aim is to provide meaningful and high-quality learning, development and performance experiences. Sports Coaches support achievement at many different competition levels as well as monitor individual participation, enhance wellbeing and drive social changes.

Through the design and delivery of their own coaching philosophy and professional practices they will interact and influence the coaching team, measuring the impact of their coaching strategies through the analysis of participation, coach, coaching team, and organisation perception.

School sport coaches are responsible for designing and delivering coaching programmes that focus on the acceleration of children's psychomotor skills and physical education standards.

They will profile children's cognitive, social, emotional and physical developmental needs, in a range of physical activity contexts drawn from the Department for Education's National Curriculum. These results are used to create high-level curriculum plans that consider school term scheduled and a 'whole child' development approach.

#### Professional Recognition:

This standard aligns with the following professional recognition:

The Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) Level 4

### Course content

#### Occupation Duties

- Develop and update own coaching philosophy and strategies through professional practice, continuous development and self review
- Develop and implement evidence-based, progressive coaching systems that comply with all relevant and current legislation, statutory guidance, sector standards and codes
- Use up-to-date knowledge of wider issues affecting the coaching environment to proactively influence best practice across the coaching team
- Utilise and collaborate with industry-wise support networks and internal team members to ensure the most effective coaching services are delivered.
- Use appropriate profiling techniques to create a learning and develop curriculum that considers participants' unique needs, targets an/or goals, whilst building trusts.
- Provide support to participants and the wider coaching team through progressive coaching programmes, at events or competitions.
- Promote holistic wellbeing within coaching practice to control stressors experience by participants in the coaching environment
- Facilitate learning and skills acquisition of participants by creating positive environments that apply learning theories, behaviours, management techniques, technological advancements and wider support mechanisms.
- Measure the impact of coaching strategies on participants sustainable engagement and development and evaluate effective of own performance.
- Maintain up-to-date knowledge of education standards, trends, frameworks, paradigms and contemporary influences
- Deliver appropriate coaching pedagogies and processes that align to national physical education curriculum and considers the school context, category, culture, strategies and regulatory constraints.
- Profile development needs to set and monitor physical education targets and plans based on measurement of participants cognitive, physical, social, emotional attributes and psychomotor skills.
- Ensure the design and delivery of high quality, inclusive curricular and extra curricular lessons that meet school standards through child development.

### Entry requirements

Individual employers may set their own entry requirements. The apprentice must already be employed for over 16 hours per week.

Candidates must have achieved Maths and English at Level 2 prior to their training. Those who have not must

achieve this prior to taking the end-point assessment and we will support this. Maths and English tests must be taken under exam conditions. It is also important to have previous experience within a sports delivery environment.

## On-programme development & training

Using **Onefile** online portfolio, candidates will compile evidence demonstrating their occupational knowledge, skills and behaviours; underpinning the confidence and competence gained in all aspects of the standard. We will support you with one-to-one visits and interactive resources, these will contribute to the candidates requirements of off-the-job training.

We will work with the employer and candidate to develop a training and development plan to ensure that the remaining requirements will be met.

Candidates will be supported with mock End-Point Assessments (EPA) which will include a work-based project and presentation, coaching session plan and practical observation, and professional discussion.

Development feedback will be provided at the end of these mocks to ensure candidates are given the support required to achieve EPA.

It is advised that learners become a member of UK Coaching.

## Gateway & EPA

### Gateway

Gateway is the stage where the employer is satisfied that the apprentice is consistently working at or above the level required for EPA. This is the three-way agreement with the candidate, employer and us. Candidates will also need to have achieved a minimum of Level 2 English and Maths, completed their document, outlining the project they will undertake for EPA and have completed a coaching session outline. Once submitted to the End-Point Assessment Organisation, dates and deadlines for assessments will be agreed and the assessment window will begin.

### End-Point Assessment

EPA is completed on the dates agreed; the assessment window for this standard is 6 months to allow completion of the work based project.

Candidates will be given a maximum of 12 weeks to complete a significant and defined project which has a real business benefit. The EPA can be completed using a blended approach of remote and face to face; the coaching session plan and practical observation will be the face to face element.

Total EPA time is 4 hours, split over 3 assessment methods:

- Workplace project and report, presentation, and questioning
- Coaching sessions, plan and practical observation with questioning
- Professional discussion underpinned by a portfolio

All elements of the EPA are combined to determine the EPA grade according to guidance in the assessment plan.



INFORMATION



ADVICE & GUIDANCE



RECRUITMENT SUPPORT



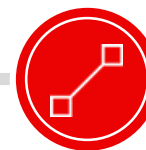
INDUCTION



ON-PROGRAMME LEARNING



EPA PREPARATION



EPA



PROGRESSION ROUTES



### Employer & learner satisfaction



of Employers would recommend us\*



of Apprentices would recommend us\*

\* From our 2020-2021 Employer & Apprentice Survey